:MTBCP023 Blue Choice PP0[™] 023

Coverage for: Individual/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.bcbstx.com/member/policyforms/2024 or by calling 1-800-521-2227. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-855-756-4448 to request a copy.

| Important Questions | Answers | Why This Matters: |
|--|--|---|
| What is the overall deductible? | Network: \$2,500 Individual/\$7,500 Family Out-of-Network: \$5,000 Individual/\$15,000 Family | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| Are there services covered before you meet your deductible? | Yes. Network office visits, prescription drugs and preventive care services are covered before you meet your deductible. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> . |
| Are there other deductibles for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services. |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | Network: \$5,500 Individual/\$14,700 Family Out-of-Network: Unlimited Individual/Unlimited Family | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the out-of-pocket limit? | <u>Premiums</u> , <u>balance-billed</u> charges, and health care this <u>plan</u> doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a <u>network provider</u> ? | Yes. See www.bcbstx.com/go/bcppo or call 1-800-810-2583 for a list of | |

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

| Common Medical Event | Services You May Need | | u Will Pay Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
|--|--|--|--|---|
| | Primary care visit to treat an injury or illness | \$30/visit; <u>deductible</u> does not apply | 40% coinsurance | Virtual visits are available. See your benefit booklet* for details. |
| If you visit a health care provider's office or clinic | <u>Specialist</u> visit | \$60/visit; <u>deductible</u> does not apply | 40% coinsurance | None |
| | Preventive care/screening/ immunization | No Charge; <u>deductible</u> does not apply | 40% coinsurance | You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for. |
| | <u>Diagnostic test</u> (x-ray, blood work) | No Charge; <u>deductible</u> does not apply | 40% coinsurance | Inpatient: Certain services may require <u>Preauthorization</u> for Out-of-Network; failure |
| If you have a test | Imaging (CT/PET scans, MRIs) | 20% coinsurance | 40% coinsurance | to preauthorize may result in \$250 reduction in benefits. Outpatient: Certain services may require <u>Preauthorization</u> for Out-of-Network; failure to preauthorize may result in 50% reduction in benefits not to exceed \$500; see your benefit booklet* for details. |

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbstx.com/member/policy-forms/2024</u>.

| Common | | What You | u Will Pay | Limitations Eventions 0 Other Important |
|---|-------------------------------|--|---|---|
| Common Medical Event | Services You May Need | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://www.bcbstx.com/rx-drugs/drug-lists/drug-lists | Preferred generic drugs | Retail - Preferred - No Charge Non-Preferred - \$10/prescription Mail - No Charge; deductible does not apply | Retail - \$10/prescription; deductible does not apply plus 50% additional charge | |
| | Non-preferred generic drugs | Retail - Preferred - \$10/prescription Non-Preferred - \$20/prescription Mail - \$30/prescription; deductible does not apply | Retail - \$20/prescription; deductible does not apply plus 50% additional charge. | Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. Specialty drugs are limited to a 30-day supply except for certain FDA-designated dosing regimens. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available. All Out-of-Network prescriptions are subject to a 50% additional charge after the applicable <u>copayment</u> . Additional charge will not apply to any <u>deductible</u> or out-of-pocket amounts. Cost Sharing for insulin included in the drug list will not exceed \$25 per prescription for a 30-day supply, regardless of the amount or type of insulin needed to fill the prescription. |
| | | Retail - Preferred - \$50/prescription Non-Preferred - \$70/prescription Mail - \$150/prescription; deductible does not apply | Retail - \$70/prescription; deductible does not apply plus 50% additional charge. | |
| | Non-preferred brand drugs | Retail - Preferred - \$100/prescription Non-Preferred - \$120/prescription Mail - \$300/prescription; deductible does not apply | Retail - \$120/prescription; deductible does not apply plus 50% additional charge. | |
| | Preferred specialty drugs | \$150/prescription; deductible does not apply | plus 50% additional charge. | ,, |
| | Non-preferred specialty drugs | \$250/prescription; deductible does not apply | \$250/prescription; deductible does not apply plus 50% additional charge. | |

| Common | Common What You Will Pay | | | Limitations, Exceptions, & Other Important | |
|--|--|--|---|--|--|
| Medical Event | Services You May Need | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Information | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 20% coinsurance | 40% coinsurance | Certain services may require <u>preauthorization</u> for out-of-network; failure to preauthorize may | |
| | Physician/surgeon fees | 20% coinsurance | 40% coinsurance | result in 50% reduction in benefits not to exceed \$500. For Outpatient Infusion Therapy, see your benefit booklet* for details. | |
| | Emergency room care | \$500/visit plus 20% coinsurance | \$500/visit plus 20% coinsurance | Copayment waived if admitted. | |
| If you need immediate medical attention | Emergency medical transportation | 20% coinsurance | 20% coinsurance | None | |
| | <u>Urgent care</u> | \$75/visit; <u>deductible</u> does not apply | 40% coinsurance | NOTIC | |
| If you have a hospital stay | Facility fee (e.g., hospital room) | 20% coinsurance | 40% coinsurance | <u>Preauthorization</u> required. <u>Preauthorization</u> penalty: \$250 Out-of-Network. See your | |
| Stay | Physician/surgeon fees | 20% coinsurance | 40% coinsurance | benefit booklet* for details. | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | \$30/office visits or 20% coinsurance for other outpatient services | 40% coinsurance | Certain services must be preauthorized, failure to preauthorize at least two business days prior to service will result in 50% reduction in benefits not to exceed \$500, refer to benefit booklet* for details. | |
| | Inpatient services | 20% coinsurance | 40% coinsurance | <u>Preauthorization</u> required Out-of-Network; failure to preauthorize at least two business days prior to admission will result in \$250 reduction in benefits. | |
| If you are pregnant | Office visits | Primary Care: \$30/initial visit Specialist: \$60/initial visit; deductible does not apply | | Copay applies to first prenatal visit (per pregnancy). <u>Cost sharing</u> does not apply to certain <u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> may apply. | |
| | Childbirth/delivery professional services | | 40% coinsurance | Maternity care may include tests and services described elsewhere in the SBC (i.e. | |
| | Childbirth/delivery facility services | 20% coinsurance | 40% coinsurance | ultrasound). | |

 $[\]textbf{*} For more information about limitations and exceptions, see the \underline{\textit{plan}} \ or \ policy \ document \ at \ \underline{\textit{www.bcbstx.com/member/policy-forms/2024}}.$

| Common | What You Will Pay | | Limitations, Exceptions, & Other Important | |
|---|------------------------------|--|---|---|
| Medical Event | Services You May Need | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Information |
| | Home health care | 20% coinsurance | 40% coinsurance | 60 visits/year. <u>Preauthorization</u> may be required for Out-of-Network. Failure to preauthorize may result in 50% reduction in benefits not to exceed \$500. See your benefit booklet* for details. |
| | Rehabilitation services | 20% coinsurance | 40% coinsurance | For Outpatient, limited to combined 35 visits |
| | <u>Habilitation services</u> | 20% <u>coinsurance</u> | 40% <u>coinsurance</u> | per year, including Chiropractic. |
| If you need help recovering or have other special health needs | Skilled nursing care | 20% coinsurance | 40% coinsurance | 25 day maximum per calendar year. <u>Preauthorization</u> may be required for Out-of-Network. Failure to preauthorize may result in \$250 reduction in benefits. See your benefit booklet* for details. |
| | Durable medical equipment | 20% coinsurance | 40% coinsurance | None |
| | Hospice services | No Charge; <u>deductible</u> does not apply | 40% coinsurance | Inpatient: <u>Preauthorization</u> may be required for Out-of-Network. Failure to preauthorize may result in a \$250 reduction in benefits. Outpatient: <u>Preauthorization</u> may be required for Out-of-Network. Failure to preauthorize may result in 50% reduction in benefits not to exceed \$500. See your benefit booklet* for details. |
| If your child needs | Children's eye exam | Not Covered | Not Covered | |
| dental or eye care | Children's glasses | Not Covered | Not Covered | None |
| delitar or eye oure | Children's dental check-up | Not Covered | Not Covered | |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Abortion (Except for a pregnancy that, as certified • Cosmetic surgery by a physician, places the woman in danger of • Dental care (Adult) death or a serious risk of substantial impairment • Long-term care of a major bodily function unless an abortion is performed)

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Weight loss programs

Bariatric surgery

Acupuncture

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbstx.com/member/policy-forms/2024</u>.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Hearing aids (Limited to one hearing aid per ear every 36 months)
- Chiropractic care (Outpatient Max.35 visits/year) Infertility treatment (In vitro and artificial insemination are not covered unless shown in vour plan document)
 - Routine eye care (Adult)

 Routine foot care (Only covered in connection with diabetes, circulatory disorders of the lower extremities, peripheral vascular disease, peripheral neuropathy, or chronic arterial or venous insufficiency)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: For group health coverage contact the plan, Blue Cross and Blue Shield of Texas at 1-800-521-2227 or visit www.bcbstx.com. You may also contact your state insurance department at 1-800-252-3439 or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/about-ebsa/ask-a-guestion/ask-ebsa. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596 OR state health insurance marketplace or SHOP.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Claim review section at Blue Cross and Blue Shield of Texas or visit www.bcbstx.com or the Texas Department of Insurance, or www.tdi.texas.gov.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-521-2227.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-521-2227.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-521-2227.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-521-2227.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About These Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$2,500 |
|---|---------|
| Specialist Copayment | \$60 |
| Hospital (facility) Coinsurance | 20% |
| Other <u>Coinsurance</u> | 20% |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost | 12700 | |
|---------------------------------|-------|--|
| In this example, Peg would pay: | | |
| Cost Sharing | | |
| <u>Deductibles</u> | 2500 | |
| <u>Copayments</u> | 30 | |
| <u>Coinsurance</u> | 1800 | |
| What isn't covered | | |
| Limits or exclusions | 60 | |
| The total Peg would pay is | 4390 | |

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$2,500 |
|---|---------|
| Specialist Copayment | \$60 |
| Hospital (facility) Coinsurance | 20% |
| Other <u>Coinsurance</u> | 20% |

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

| Total Example Cost | 5600 | |
|---------------------------------|------|--|
| In this example, Joe would pay: | | |
| Cost Sharing | | |
| <u>Deductibles</u> | 800 | |
| <u>Copayments</u> | 700 | |
| <u>Coinsurance</u> | 0 | |
| What isn't covered | | |
| Limits or exclusions | 20 | |
| The total Joe would pay is | 1520 | |

Mia's Simple Fracture (in-network emergency room visit and follow up care)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$2,500 |
|---|---------|
| ■ Specialist Copayment | \$60 |
| Hospital (facility) Coinsurance | 20% |
| Other Coinsurance | 20% |

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

| Total Example Cost | 2800 | |
|---------------------------------|------|--|
| In this example, Mia would pay: | | |
| Cost Sharing | | |
| <u>Deductibles</u> | 2100 | |
| <u>Copayments</u> | 500 | |
| <u>Coinsurance</u> | 0 | |
| What isn't covered | | |
| Limits or exclusions | 0 | |
| The total Mia would pay is | 2600 | |



Health care coverage is important for everyone.

We provide free communication aids and services for anyone with a disability or who needs language assistance. We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.

To receive language or communication assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator

Phone:

855-664-7270 (voicemail)

300 E. Randolph St.

TTY/TDD:

855-661-6965

35th Floor

Fax:

855-661-6960

Chicago, Illinois 60601

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services

Phone:

800-368-1019

200 Independence Avenue SW

TTY/TDD:

800-537-7697

Room 509F, HHH Building 1019

Complaint Portal: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Washington, DC 20201

Complaint Forms: http://www.hhs.gov/ocr/office/file/index.html

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984.

| Español Spanish | Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-710-6984. |
|--------------------------|---|
| العربية Arabic | إن كان لديك أو لدى شخص تساعده أسئلة، فلديك الحق في الحصول بلع المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة اللتحدث مع مترجم فوري، اتصل بلع الرم 6984-710-855. |
| 繁體中文 Chinese | 如果您,或您正在協助的對象,對此有疑問,您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員,請撥電話 號碼 855-710-6984。 |
| Français French | Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 855-710-6984. |
| Deutsch German | Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-710-6984 an. |
| ગુજરાતી Gujarati | જો તમને અથવા તમે મદદ કરી રહ્યા હોય એવી કોઈ બીજી વ્યક્તિને એસ.બી.એમ. કાયક્રમ બાબતે પૃશ્નો હોય, તો તમને વિના ખચેર્, તમારી ભાષામાં મદદ અને માહિતી મેળવવાનો હક્ક છે. દુભાષિયા સાથે વાત કરવા માટે આ નંબર 855-710-6984 પર કૉલ કરો. |
| हिंदी Hindi | यिद आपके, या आप जिसकी सहायता कर रहे हैं उैसके, प्रश्न हैं, तो आपके अपनी भाषा म निःशुल्क सहायता और जानकारी प्राप्त करन का अधिकार है। किसी अनवादक स बात करन क लिए 855-710-6984 पर कॉल करें।. |
| Italiano Italian | Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare il numero 855-710-6984. |
| 한국어 Korean | 만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그러한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가 필요하시면 855-710-6984 로 전화하십시오. |
| Diné Navajo | T'áá ni, éí doodago ła'da bíká anánílwo'ígíí, na'ídíłkidgo, ts'ídá bee ná ahóóti'i' t'áá níík'e níká a'doolwoł dóó bína'ídíłkidígíí bee nił h odoonih. Ata'dahalne'ígíí bich'į' hodíílnih kwe'é 855-710-6984. |
| فارسی Persian | اگر شما، یا کسی که شما به او کمک می کنید، سؤالی داشته باشید، حق این را دارید که به زبان خود، به طور رایگان کمک و اطلاعات دریافت نمایید جهت گفتگو با یک مترجم شهافی، با شماره تمسا حاصل نمایید 6984-710-858 |
| Polski Polish | Jeśli Ty lub osoba, której pomagasz, macie jakiekolwiek pytania, macie prawo do uzyskania bezplatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer 855-710-6984. |
| Русский Russian | Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы связаться с переводчиком, позвоните по телефону 855-710-6984. |
| Tagalog Tagalog | Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-710-6984. |
| ار دو Urdu | اگر آپ کتو، یا کسی ایسے فرد کتو جس کتی آپ مہدد کررہے ہیں، کوئی سروال درپیش ہے تو، آپ کتو اپنی زبان میں مغتصدد اور معلومات حاصل کرنے کا حق ہے۔ مترجم سے بات کرنے کے لھے، 854-710-858 پر کیال کریں۔ |
| Tiếng Việt Vietnamese | Nếu quý vị, hoặc người mà quý vị giúp đỡ, có câu hỏi, thì quý vị có quyền được giúp đỡ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, gọi 855-710-6984. |